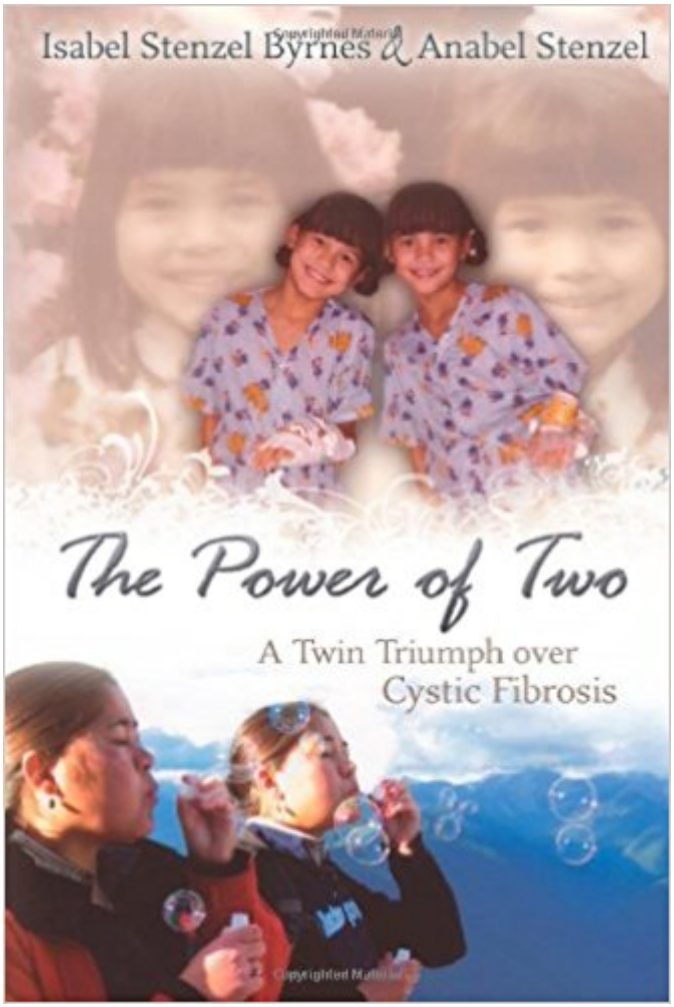
The Power Of Two: A Twin Triumph Over Cystic Fibrosis



Synopsis

The tragedy of cystic fibrosis has been touchingly recounted before, but this is the first book to portray the symbiotic relationship between twins who share this life-threatening disease through adulthood. Isabel Stenzel Byrnes and Anabel Stenzel tell of their struggle to pursue normal lives while grappling with the realization that they might die young. Their story reflects the physical and emotional challenges of a particularly aggressive form of CF and tells how the twins bicultural heritage Japanese and German influenced the way they coped. The Power of Two is an honest and gripping portrayal of day-to-day health care, the impact of chronic illness on marriage and family, and the importance of a support network to continuing survival. These two remarkable sisters have much to teach about the power of perseverance and about the ultimate power of hope.

Book Information

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Customer Reviews

"Isabel and Anabel's memoir of their extraordinary battle with cystic fibrosis is at once uplifting and frightening, touching and tough, but always powerful and filled with life and spirit, alike. It is a story that we all must be moved by, grateful that these two sisters shared their agony and love with us."

The Power of Two is the first book to portray the symbiotic relationship of twins who share the life-threatening disease cystic fibrosis through childhood, organ transplants, and into adulthood.
--This text refers to an out of print or unavailable edition of this title.

I agree with what Tiffany wrote before me. I'm also an adult with CF, just hit 30. I had considered writing my own little CF memoir, but these girls did such an awesome job with their vivid depiction of their experiences, thoughts and emotions throughout their lives, they covered it all. Their journey brings you into the world of all stages of CF from everyday maintenance to near death experiences, how it's changed since the 70's, the treatments, the pain and the joy in meeting others in this special CF club. As others have said, this book covers so much more. With a German father and Japanese mother, they take you through life as biracial twins in America and Japan, their travels around the world, and the amazing support they found in family and eachother, then much much later boyfriends. Their story is brutally honest about their experiences, and they've had some tough ones. What I loved most was this honesty and ability to infuse some funny in their situations and not take themselves too seriously. It's refreshing. The narration of their mother was hilarious, even though she's their biggest supporter it seems. My only complaint is I'm jealous they went to CF camp and met Bob Flanagan, the camps were gone by the time I knew they existed.Brilliant girls, thank you!

Having known and loved Ana and Isa for at least 15 years and being a mom of one of their close friends who is an adult with CF I am so grateful to them for writing this book. The raw honesty and intimacy of sharing their lives is unusual. We live with CF in so many hidden ways. It is behind closed doors where much of the struggles occur whether being the disease processes, treatments or personal grieving. Being able to share a true picture of what it is like to deal with CF or any life threatening chronic illness is difficult at best. You know when people ask, how is it? We usually say, "fine". But the story about CF is far more complicated than, "fine". Thank you Ana and Isa for telling your story that is so readable so that I can share it with my family. Perhaps this will give them a glimpse into our lives that is so hard to share in words other than, "fine". May it be read widely and a greater understanding into the lives of those that live with these challenges be better understood.

This may be one of the clearest views into the truth of what life is like with Cystic Fibrosis. Ana and Isa are candid, heartfelt, and funny as they share their struggle together with CF. This is a great book about two incredible and wonderful sisters and I can not recommend it enough!

Amazing book!

This story brought me to tears and left me smiling. Isa and Ana are talented storytellers and I would highly recommend this book for anyone - especially those wanting to know more about cf or

transplants.

Incredible !

I personally know the authors who are the best of the best. Two more intelligent, thoughtful, and brave women do not exist.

This book is extremely inspirational and it was great to connect to others with CF and it truly motivated me to take better care of myself. I pray one day SOON there will be a cure for CF. I highly recommend reading this book!

Cystic Fibrosis: The Cystic Fibrosis Care & Relief Guide - An Essential Guide For Parents And Family & Friends Caring For Cystic Fibrosis Patients (Respiratory ... Genetic Disease, Chronic Disease Book 1) The Power of Two: A Twin Triumph over Cystic Fibrosis The Power of Two: A Twin Triumph over Cystic Fibrosis, Updated and Expanded Edition Cystic Fibrosis Life Expectancy: 30, 50, 70Ã¢â ¬Â¦ (Health, Fitness and Dieting: Children's Health: Cystic Fibrosis Book 1) [Cystic Fibrosis: A Guide for Patient and Family [CYSTIC FIBROSIS: A GUIDE FOR PATIENT AND FAMILY BY Orenstein, David M. (Author) Aug-10-2011] By Orenstein, David M. (Author) [2011) [Paperback] Rainbows, Butterflies & One Last Hug : A MotherÃ¢â ¬â„¢s Spiritual Journey Losing Two Children to Cystic Fibrosis Rainbows, Butterflies & One Last Hug: A Mother's Spiritual Journey While Losing Two Children to Cystic Fibrosis Recipes for the Specific Carbohydrate Diet: The Grain-Free, Lactose-Free, Sugar-Free Solution to IBD, Celiac Disease, Autism, Cystic Fibrosis, and Other Health Conditions (Healthy Living Cookbooks) Combating Biofilms: Why Your Antibiotics and Antifungals Fail: Solutions for Lyme Disease, Chronic Sinusitis, Pneumonia, Yeast Infections, Wounds, Ear ... Bad Breath, Cystic Fibrosis and Implants There Are No Alligators in Heaven!: A Family's Perspectives on Surviving the Unrelenting Savagery of Cystic Fibrosis Cystic Fibrosis: A Guide for Patient and Family Taking Cystic Fibrosis to School Treatment of the Hospitalized Cystic Fibrosis Patient (Lung Biology in Health and Disease, vol. 109) Cystic Fibrosis: Everything You Need To Know (Your Personal Health) Understanding Cystic Fibrosis (Understanding Health and Sickness Series) The Troubled Dream of Genetic Medicine: Ethnicity and Innovation in Tay-Sachs, Cystic Fibrosis, and Sickle Cell Disease Can't Eat, Can't Breathe and Other Ways Cystic Fibrosis Has F#$%*d Me Recipes for the Specific Carbohydrate Diet: The Grain-Free, Lactose-Free, Sugar-Free Solution to IBD, Celiac Disease, Autism, Cystic Fibrosis, a (Healthy Living Cookbooks)

Cystic Fibrosis & the Brewer’s Yeast: A Microbiology Tale Cystic Fibrosis (Lung Biology in Health and Disease)